



HIGHLIGHTS

West Hartford • February 2007

HIGHLIGHTS IS A PUBLICATION OF HEBREW HEALTH CARE, INC. AND ITS AUXILIARY

2006 Annual Meeting Spirit of Hebrew Health Care Award Winners

On December 6th Hebrew Health Care held its Annual Meeting with board members, management staff and special community guests in attendance to commemorate the previous year's endeavors. The room was abuzz while guests mingled and enjoyed wine and hors d'oeuvres just before the meeting began. A poignant slide show presentation displayed photo highlights from the past year.

Jeffrey Hoffman, Chairman of the Board of Trustees, opened the meeting and in his remarks stated, "I am proud and honored to be a part of this organization that helps so many in our community. We face exciting times, and we face financial challenges, while we explore implementing innovative programs to enhance the care we provide."

The evening's program included recognition of a board member and staff member as part of the new "Spirit of Hebrew Health Care"

award program. Merzell Dunn, Certified Nursing Assistant, was recognized for her participation at the Alzheimer's Association's Annual Meeting, and for her exceptional understanding of GeriCentric Care. Peter Evans, board member and Past Chairman of the Board of Trustees, was recognized for his unfailing loyalty and continuous participation on board committees and projects.

Trustee elections took place with the installation of the following new members of the Hebrew Health Care Board: Debbie Kleinman, Alan Lazowski, Richard Leibert, David Scott, and former Lieutenant Governor, Kevin Sullivan. Of his appointment, Mr. Sullivan commented, "Over the years, I have seen how much compassion and innovation are the hallmarks of Hebrew Health Care. I am honored by this opportunity to help make that great legacy of caring continue and grow."



Chairman of the Board, Jeffrey Hoffman (center) and President and CEO, Bonnie Gauthier (right center) with new trustees (l. to r.) Alan Lazowski, Kevin Sullivan and Debbie Kleinman.

Bonnie Gauthier, President and CEO, thanked everyone for their enthusiastic support of *Our Second Century Campaign*, which continues to be HHC's priority initiative for 2007. "We are all joined in an extraordinary commitment to providing for HHC's future financial stability and look to 2007 as a year in which our friends, new and old, will become a part of this unprecedented endeavor." ♥

Nursing Scholarship Fund Made Possible by Gersten Family

The children of Zelda Gersten and the late Charles Gersten have honored their parents by establishing a fund at Hebrew Health Care for the benefit of Certified Nursing Aides who wish to advance their educations by attending nursing school. Stipends will be made available to qualified individuals each year who want to pursue nursing degrees.

Brothers Eliot and Rick Gersten and their sisters, Sandra Blinn and Liz Ostra, decided to make this generous gift to help assure that the quality of nursing care at HHC would be recognized and perpetuated. The Charles and Zelda Gersten Nursing Scholarship Fund pays tribute to the family, while enabling the growth and strengthening of HHC's stellar nursing program.

If you wish to make a gift to The Charles and Zelda Gersten Nursing Scholarship Fund, please contact Elizabeth Bartek, Development Coordinator, at (860) 523-3871. ♥

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Making New Friends in *Our Second Century*

As *Our Second Century Campaign: Caring for Generations* continues to flourish, we are making new friends who have begun to recognize that Hebrew Health Care is a critical force in our community — one which increasingly meets the diverse needs of so many of our older adults. Some of these friends are members of Greater Hartford’s corporate community — those who are inherently involved in our community’s businesses.

Our corporate friends know that supporting HHC is a way to assure that the families in the community in which their businesses thrive are being helped. It enables a wonderful and appropriate reciprocity between the citizens of Greater Hartford and the businesses that are part of our community. Most importantly, it expands our HHC family of friends and strengthens their positive impact on the lives of our residents and patients.

Recently, Michael Grunberg, of Grunberg Realty, became a new friend to HHC, joining our Corporate Council in support of *Our Second Century Campaign*. We thank Michael for recognizing us as an important resource for the older adults and families in

our community and look to him as a corporate leader and counsel.

The Hoffman Auto Group, long-standing friends of HHC, has also joined our Corporate Council as a new member, helping us to encourage other local businesses to become identified with our organization and to spread the word about HHC in the large corporate community that resides in Hartford. As Chairman, I hope to encourage the participation of many corporate friends to join me and my brother, Bradley, in becoming associated with our new council. We believe it is an effective vehicle for interacting with other corporate friends and helping HHC at the same time.

We ask our corporate neighbors to please consider becoming members of HHC’s Corporate Council. It’s good for those we serve and it’s good for business.

With your help, we are continuing to grow and manage our valued services and keeping our promise to maintain the highest level of health care for our families. Increasingly, we are being recognized for the quality of our care and the quality of life we strive to



*Jeffrey S. Hoffman, Chairman of the Board of Trustees
Bonnie B. Gauthier, President & CEO*

sustain for those who entrust their lives to us, whether in our Home, our rehabilitation and community-based programs, the Hoffman SummerWood Community, or our new Hospital.

As the New Year begins, we are thankful to our many, many friends who remember Hebrew Health Care with their generosity and appreciation. We embrace 2007 with gratitude to all of you and with hopes for your continued loyalty. We do not take your support for granted and pledge that we will do everything possible to continue to merit your generous friendship.

We wish you a healthy, successful and peaceful New Year!

Jeffrey S. Hoffman
Chairman

Bonnie B. Gauthier
President & CEO

Need to Contact Us?

(860) 523-3800

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For additional information, please visit us at
www.hebrewhealthcare.org

Hebrew Health Care
2007
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Roz Bobrow

Grunberg Realty and Hoffman Auto Group Become Founding Members of HHC's New Corporate Support Council



Michael Grunberg, of Grunberg Realty, and Jeffrey Hoffman, of Hoffman Auto Group, announced in late December that their companies would be the first two Founding Members of the new **Corporate Support Council** at Hebrew Health Care. The council will be made up of corporate members represented by executives who share an interest in providing HHC with expertise and financial support to help it succeed in its second century. The council will provide ongoing assistance in the form of advice and in support of programs and initiatives that will further enhance HHC's excellent services, while elevating awareness of HHC in the community.

Jeffrey and Bradley Hoffman are well-known in the Greater Hartford area. The many makes and models of automobiles you see around town with "Hoffman" plates are tributes to the quality, growth and continued success of this hometown family business. Jeffrey Hoffman is the current Chairman of HHC and was eager to engage his business in the Corporate Support Council. Bradley is currently the President of the Jewish Federation of Greater Hartford and is a member of the HHC Board.

Grunberg Realty is located in New York City. Grunberg Realty has recently acquired interests in several buildings in Hartford and Michael maintains a residence in Hartford. Mr. Grunberg graduated from Vassar College. He has worked for Merrill Lynch and Chase Private Banking. His entrepreneurial drive has led him into an array of business start-ups including an antiques shop, art gallery, café, and even an ice cream shop — all before his 22nd birthday.

When asked why he joined the Corporate Support Council, Mr. Grunberg said "HHC serves a critical need for everyone in Greater Hartford. We, as successful businessmen and women, have an obligation to help the important organizations in our community that provide the infrastructure for those in need. HHC is the largest elder health care organization in the community. By supporting HHC, Jeffrey and I hope to encourage others to do the same and guarantee that HHC continues as the best elder care provider in our community for the next 100 years."

For more information and a brochure about how your company can become a Corporate Support Council member, please call Christianne Kovel at (860) 523-3954. ♥



Robert Klein chats with Ron and Saralee Messinger at the cocktail reception in the Autorino Great Hall before taking stage on October 29, 2006.



Robert Klein with Daniel and Bonnie Gauthier at the 7th Annual Celebrated Speaker's Event Gala Reception.



Hoffman SummerWood Community Honored by CALA



Hoffman SummerWood Community received a “Best Practice” award from the Connecticut Assisted Living Association (CALA) during their annual meeting on December 5th. Their award was in the Staff Recruitment and Retention category for a program entitled, “Stellar Employees — How to Keep Your Stars Shining Bright”.

Joan Jackson, VicePresident of Hebrew Health Care and Summer Wood’s Executive Director, stated, “In many of my conversations with our new members, the one common theme that they are quick to comment on is how dedicated, caring and helpful the

staff have been to them during their move. The members look to the staff for guidance and rely on them for assistance, as they become acclimated to their new community. It undoubtedly is the staff who make SummerWood such a special place for our seniors.”

This is the second year that SummerWood has been honored by CALA.

To learn more about Hoffman SummerWood Community, please contact Valerie Bartos, Director of Community Relations, at (860) 523-3808 or vbartos@hebrewhealthcare.org. ♥



At the recent Connecticut Assisted Living Association’s annual meeting are (left to right) Amy Miller, Joan Jackson, Anabela Ferreira and Jay Bourret.

Our ♥ Heart’s Desire

Did you make a New Year’s resolution this year? Promise to shed a few pounds, exercise more and pay a little more attention to your cardiovascular health? Well, we may not be able to help your waistline, but we have a couple of ideas that are sure-fire ways to make your heart feel better this year.

Candlelight Dinners

How about sponsoring one of our new Candlelight Dinner Programs for our residents? What’s a Candlelight Dinner? Picture our Day Center transformed into an intimate bistro, complete with live music, flowers, candlelight, wine and a gourmet three-course meal. Maybe you’d prefer to dine al fresco (weather permitting). Either indoors or out, our Candlelight Dinners will bring together our residents and their loved ones and give all an opportunity to dress for dinner and enjoy a memorable evening without leaving our grounds. Inspired to make this happen? We hope so. Our Candlelight Dinners will be made available to our residents four times during the coming year and can be sponsored for as little as \$400 for each evening. Your sponsorship will pay for a complete dinner for a maximum of 12 guests, linens, special china, crystal, silverware, floral

centerpieces, souvenir photos for each guest and live music. (Sponsors cover the cost of our residents’ participation only — not their guests. Non-resident guests of Hebrew Health Care will be charged a nominal fee per person to cover the cost of dinner.) Your contribution (or that of your business) will be generously acknowledged in a future edition of *Highlights* so that our entire community can take part in thanking you for making a memorable evening possible for our residents and their loved ones. Join in the fun and come to the dinner you choose to sponsor. You’ll never forget the experience and will return home with a very happy heart (and stomach)!

Dinner and a Movie

Another idea to consider is sponsoring one of our Dinner and a Movie Programs. This special evening allows our residents to prepare a home-cooked, gourmet meal in our specially-appointed kitchen and watch a favorite film as a group in the comfort of our Day Center. Dinner and a Movie Nights are scheduled monthly and may be sponsored for \$250 per program. Your support of Dinner and a Movie will be prominently featured in a future edition of *Highlights* and

will be recognized before and after the evening. What do you say to grilled salmon, a glass of wine and your favorite Katherine Hepburn movie? Or, maybe a classic Steve Martin comedy with home-made pizza, beer and ice cream? No matter how the menu or marquee reads, your sponsorship will bring a great deal of joy to the many residents who, like you, enjoy dinner and a movie with friends.

Please consider making one of our Heart’s Desires possible this year. Many of our residents cannot leave our grounds without great assistance and spending time with loved ones is often relegated to their rooms or our common areas. Join us and make our wishes come true in the coming year. ♥

Our Heart’s Desire is an ongoing “wish list” of programming ideas presented by our staff. Programs are designed to enrich the lives of the men and women in our care and perpetuate our mission. If you have any ideas that you would like to share or simply wish to make a contribution to these programs, please contact our Development Office at (860) 523-3871 or email ebartek@hebrewhealthcare.org.



What's This?

...and Pain Relief

By Henry Schneiderman MD, Vice President for Medical Services and Physician-in-Chief, Hebrew Health Care

Part I

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This is the first in a series of articles for *Highlights*, providing medical and wellness advice for the intelligent non-technical reader, who is either elderly himself or herself, or involved in the care of an older person. Many articles will be by Dr. Henry Schneiderman; other members of the Department of Medicine of HHC will also contribute and perhaps even an outside consultant or two. *These are not intended to replace, and must not be used instead of, conversation and consultation with your doctor*, who will know particulars of your body and your case that may call for different specific choices for care.

I've chosen "pain" for the first in the series, because **every person has pain** at various points in life. The first issue is always to have a diagnosis that explains the pain. That will dictate whether treating this symptom is a correct and safe first approach, or needs to be combined with other testing or intervention. A knee that has hurt for the last 30 years is likely arthritic and does not usually require new testing unless suddenly worse. By contrast, new acute pressure under the breastbone requires immediate medical attention; simply using pain medicine to ease such chest pain would be a poor choice reminiscent of the old cliché of poor medical practice, "Take two aspirin and call me in the morning."

Whenever it is possible to **alleviate or eliminate a source of pain**, that is a preferred course of action: If an arthritic hip hurts whenever one walks, for example, one continues pain medicine to take the edge off, uses exercises from physical therapy to strengthen the muscles that stabilize the joint, and if the situation does not become

tolerable, one consults an orthopaedic surgeon about whether surgical total hip replacement is indicated.

Two responses to pain make no sense but are extraordinarily common:

1. To limit one's activity to avoid pain — this sets up a vicious cycle of weakening.
2. To believe that there is virtue and medical soundness in "**toughing it out.**" There is not. Living with pain that could be helped does not ennoble anybody. Such a choice sets up consequences including loss of strength and mobility, depression, sleep disturbance, and increased susceptibility to a whole gamut of purely physical ailments.

Acetaminophen (sold as Tylenol™ among other brands) is a wonderful pain medicine. With it or any other medicine, one has to get **AHEAD** of pain; catching up with pain is more difficult and more miserable than staying ahead. A great starting regimen is two *extra-strength* caplets, for a total dose of 1000 mg. This is done four times daily; the doses should be as widely spaced as possible, regardless of food in the stomach, for instance, first thing on arising, 1:00 p.m., 6:00 p.m. and last thing at bedtime.

Unless you have liver problems or are taking two or more drinks of alcohol a day, this dosage is safe regardless of age, at least for the short-term. At the end of a full week of taking such doses **unfailingly** — avoiding the pitfall of skipping a dose because you have felt well, it's time to ask yourself if your pain has fallen to zero. The scale is "0 is no pain, 1 is the least pain...10 is the worst pain of your life." If you are at zero or a low number that is comfortable for you, you can cut back to three times daily and repeat the question a week later.

If on this second follow-up, you find that most of the time you are comfortable, you can cut back to twice daily, ideally at a 12-hour spacing, which keeps the blood level of

the medicine as constant as possible. This regimen can be kept up as long as needed. It has the further advantage that if you need a booster dose now and then — for instance, an hour before an exertion that routinely makes a joint ache more — the total daily dose stays under 3 grams a day for long-term safety. If you know in advance that you'll need the booster, arrange the other doses so that there is at least five hours between any two doses.

If you drink two alcoholic drinks a day or more, or if you have known liver problems, you'll need to consult your own physician about what is the maximal safe daily dose over the long term for you. Acetaminophen is very safe when used wisely, but a leading poison when deliberately overdosed; I'd be mortified if any reader of this column accidentally took too much.

Next time, I will share why I do not prescribe Motrin, Advil, ibuprofen, or Aleve to anybody over the age of 50, even if he or she is on a stomach-protecting medicine; and why I am so set against even the reputedly safer "COX-2 selective" agents such as celecoxib (celebrex) and Bexxtra. I'll also reveal why I do not recommend aspirin for pain relief, notwithstanding the prominent television ads for this, and notwithstanding how enthusiastically and often I prescribe a single baby aspirin a day for preventing heart attacks, strokes, and perhaps even colon cancer.

I will conclude with the latest deeply encouraging information about morphine, a wonderful pain medicine (by mouth, no more need for injection) not just at the end of life — the setting we all think about when we hear the word morphine — but also in the midst of life, and for all kinds of pain including severe arthritis.

As you'll see, I believe it's high time for all of us "mature over 50" persons to avoid some widely-used medicines. At the same time, we need to grow more comfortable and at ease about a drug that has had undeserved bad press, fear of addiction and of side effects, but that in fact is a perfect solution much more often than we might think. ❤️



Auxiliary President's Message

It is hard to believe that almost one and a half years have passed since becoming President of the Auxiliary. It has been a very rewarding time for me personally and a very busy, exciting and fulfilling time for our members. Our new board was installed in September during a fabulous dessert reception at Avon Old Farms. A highlight of installation for me was presenting newly-installed Vice President Lisa Berman with the Young Leadership Award. We started off the year with a Sukkah decorating party as part of our first board meeting. Also in October, Vice President Lisa Berman held a very successful "Meet and Greet" ice cream sundae social for new and prospective members. Ruthan Wein gave a tour of the Home and the response was very enthusiastic. In November, a group of Auxiliary members volunteered at "Loaves and Fishes," our Soup Kitchen Project. We also held a "Baubles and Bags Sale" on Main Street, ably chaired by Anndee Robinson. Money from the sale of used but not abused jewelry, bags, scarves and belts will directly benefit our residents. More importantly, the sale provided our residents with a great shopping experience — an example of our commitment to HHC's GeriCentric Care. Another example is our "Shops on Main Street" vendors. Thanks to the diligence of Jackie Weisenberg, our residents are presented with a wide array of new and interesting merchandise throughout the year.

Our Coffee Shop allows residents the experience of "dining out" in a restaurant setting. We thank our many volunteer "short-order cooks" for making this possible and especially Thelma Allen for her dedication to this important endeavor.

The Gift Shop not only provides a convenience to residents, staff and visitors, it affords the residents a social opportunity and a sense of the ordinary — "going shopping." The store looks beautiful! This is

due in no small measure to the hard work and creative talents of co-managers Rona Kantor and Marcia Sutton, to the many women who clamor to go to New York and Boston on buying trips and to the many dedicated men and women who volunteer in the shop. We were so very fortunate to have Lone Friberg, Anja Rosenberg's niece, volunteer in the Gift Shop during her stay here. She spent innumerable hours organizing merchandise, creating beautiful displays and being salesperson extraordinaire. In a short period of time, she displayed her amazing talents and an incredible dedication to the Home. To thank her for her time, talents and commitment to the shop and to the Home, the Auxiliary Board voted to make her an Honorary Life Member! Thank you, Lone!

I invite you to stop in and see the beautiful items on display in the Gift Shop. There is something for everyone — from candy to very affordable greeting cards to beautiful costume jewelry to adorable singing bears! There are always gaps in the schedule when the store is closed due to lack of volunteer coverage. So please, if you have a few hours a week and want to have fun, call Barbara Leslie, Auxiliary Volunteer Liaison, and let her know when you are available to work.

The Auxiliary continues to grow. We added seventy new annual members and twenty-three new life members to our roster last year. We also disbursed the following funds:

- ♥ \$1,000 to purchase new DVD players for the resident floors;
- ♥ \$1,000 for the Recreation Department to fund the Bingo program;
- ♥ Almost \$6,000 from the auction of the painted cow;



Sandy Goldberg
Auxiliary President

- ♥ We continue to provide funding to cover the cost of Highlights mailings;
- ♥ We provide the refreshments and entertainment for the Chanukah, Mother's Day, Father's Day and Resident Strawberry Festival parties;
- ♥ We purchase or repair any necessary equipment needed for the Coffee Shop;
- ♥ We fund subscriptions to magazines (for example, Reader's Digest Large Print and a periodical in Russian).

During our October Board meeting, we voted to commit approximately \$12,000 to fund the purchase of five hospital low beds and eight specialized slings for mechanical lifts and an automatic external defibrillator for the Sub-Acute Unit.

As part of Our Second Century Campaign, the Auxiliary voted to create an Auxiliary Ritual Fund and an Auxiliary Music Fund in the amount of five thousand dollars each per year for ten years — for a total pledged amount of \$100,000. We presented Rabbi Lavit with a \$5,000 check to the Auxiliary Ritual Fund at our Installation in September. At the Annual Meeting in December we gave Chairman of the Board Jeffrey Hoffman a check for \$5,000 to the Auxiliary Music Fund to be used for twice-monthly

continued on next page

Tree of Life

The Auxiliary's Tree of Life project was created to honor and memorialize friends and family. This is the largest fundraising endeavor in the history of the Auxiliary and 100% of the proceeds will be used to provide services for our cherished residents.

Please participate by mailing in your contribution today!

Categories of Giving (payable over three years, if preferred):

- | | | |
|--|--|--|
| <input type="checkbox"/> Leadership \$18,000 | <input type="checkbox"/> Sponsor \$7,200 | <input type="checkbox"/> Contributor \$1,800 |
| <input type="checkbox"/> Benefactor \$10,000 | <input type="checkbox"/> Patron \$3,600 | <input type="checkbox"/> Friend \$1,000 |

Name _____

Address _____

City/State/Zip _____

Daytime Telephone _____ Email _____

Amount Enclosed \$ _____

Inscription (two lines/maximum of 27 characters per line, including spaces):

Please make checks payable to: Auxiliary of the Hebrew Home and Hospital
For additional information, please contact (860) 523-3829



Tree of Life Donors

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In Honor of...
SARAH GORDON KATZ's
100th Birthday
by
Warren G. Katz & Marvin S. Katz

Friend
In Loving Memory of...
ARTHUR SIEGAL
by
Adele Siegal and Family

Join Our Auxiliary Today!

The Auxiliary is proud to have men, women and children in its ever-growing membership. We encourage you, your family and friends to support our efforts through membership. Join us today!

Annual Membership (per person from October 1 to September 30 each year):

- | | | | |
|-------------------------------------|------|---|-----------------------|
| <input type="checkbox"/> Regular | \$25 | <input type="checkbox"/> Contributing | \$40 |
| <input type="checkbox"/> Sustaining | \$36 | <input type="checkbox"/> Associate Junior | \$18 (through age 13) |

Life Membership (per person/payable over three years, if preferred):

- | | | | | | |
|---------------------------------------|-------|--------------------------------------|-------|------------------------------------|---------|
| <input type="checkbox"/> Regular Life | \$250 | <input type="checkbox"/> Silver Life | \$500 | <input type="checkbox"/> Gold Life | \$1,000 |
|---------------------------------------|-------|--------------------------------------|-------|------------------------------------|---------|

Name _____
 Address _____
 City/State/Zip _____
 Daytime Telephone _____ Email _____
 Amount Enclosed \$ _____

For additional information, please contact:

Annual Membership - Fredda Goldstein - 17 Chambord Park, Bloomfield, CT 06002 (860) 243-8533
 Life Membership - Maxine Anglin, 293 Mountain Road, Windsor, CT 06095 (860) 688-5805

Thank You for Your Support!

Please make checks payable to: **Auxiliary of the Hebrew Home and Hospital**

evening music concerts for the residents and patients at the Home and at SummerWood. And as a further tangible symbol of our commitment and dedication we also presented a check for \$25,000 to Hebrew Health Care at that time. And so, I am once again happy to report that the Auxiliary is alive and well and continuing to fulfill its promise and its responsibility to enhance the lives of the residents of the Home.

The Resident's Annual Chanukah Party was held on Wednesday, December 20. Elaina Riesman and husband provided fabulous entertainment on piano and violin while our residents feasted on latkes and warm apple cider. The party was ably chaired by Judy Zagoren Schlossberg with the help of our many volunteers.

The Auxiliary will be holding its very successful annual "Card and Game Party" on Tuesday, April 24 from 7 p.m. to 10 p.m. in the multipurpose room. Our two co-chairwomen for the event, Emily Berman and Amy Deutsch, are planning a fun and exciting evening. **So get your groups together and save the date!** All proceeds will go to the Recreation Department for the direct benefit of the residents.

Our Young Leadership Group is well on its way to planning the 2007 Strawberry Festival. Meetings have begun and many vendors have already committed. **Mark your calendars — Tuesday, June 5 at the Emanuel Synagogue!**

Roz Bobrow and Reesa Litman are planning to revitalize our **Walk of Ages** campaign this coming spring, when we begin to sell bricks in honor of loved ones. We will finish our year by hosting many resident parties in the spring and summer: Mother's Day on Wednesday, May 16, Father's Day on Wednesday, June 20 and the Annual Residents' Strawberry Festival on Wednesday, July 18. Finally, our talented, enthusiastic Young Leadership Group is planning a **Family Fun Day** next September chaired by Michelle Patchen and Amy Raisner.

And so you can see that the Auxiliary remains the "heart of the heart in Hebrew Health Care." Today we continue to be a vibrant, multi-generational group of men and women dedicated to improving the quality of life of the residents of the Home. If you haven't already done so, please join us and become a member of this vital group. You will meet wonderful friends, do a mitzvah, and have fun in the process!

Strawberry Festival Update

The Strawberry Festival was brought back last year with a new twist and soon it will be back again for our 77th year!

Last year our committee grew from a small number of volunteers to quite a large, enthusiastic, energetic group of women. The meetings have started, the planning has begun and all of the feedback from last year's Festival has been taken into consideration and applied to this year's Festival.

We can hardly wait for the day to arrive – with new vendors, a new type of lunch and an exciting new themed basket auction! So mark your calendar for this special day!

June 5, 2007, 9 a.m. to 4 p.m., Emanuel Synagogue, West Hartford

We look forward to seeing you there!

Lisa Berman
 Strawberry Festival Chair
 Vice President of Fundraising

Holidays with the Auxiliary

Annual Residents' Chanukah Party



Auxiliary volunteers helping to serve latkes are (left to right) Lisa Gjonbalaj, Roz Bobrow, Donna Epstein, Sandy Goldberg, Judy Schlossberg, Andrea Saxon and Brenda Berman.

Sukkot Decorating Brunch



At this year's Sukkot Decorating Brunch are (left to right) Lorraine Vogelhut, Iris Spungin and Elaine Smith.

HHH Auxiliary

New Annual Members

Sue Gefsky
 Michelle Patchen

New Life Members

Lisa Berman
 Nicole Greenblatt
 Mimi Kaplan
 Reesa Litman
 Helen Steiner
 Jonas Steiner
 Marcia Sutton
 Leslie Weinstein
 Gloria Weiss

Thank you!

Meet Roz Theodore

Completing high school has been on Roz Theodore's mind for more than 60 years, and continually for the last 10. Born Roslyn Newman in Rockaway, New York in 1924, Roz attended high school at Far Rockaway High School in 1938. Just prior to graduation, Roz fell in love with a handsome young man and left her scholastic career behind with hopes of wedding bells in her future.

Unfortunately, Roz's dreams of marriage to her handsome friend were never realized. Religious and ethnic differences would keep Roz and her sweetheart apart.

Some years later, Roz met the man of her dreams and married Leonard Theodore in 1943. They lived a happy life, attended their local synagogue in Rockaway, New York and then Accord, New York and raised two sons and a daughter. Even while Roz was busy keeping house, being a good wife and raising her family, she never forgot about her unfinished education.



Roz Theodore hitting the books!

The years flew by for Roz as they tend to do for everyone. Not until 2005 did Roz finally take steps to finish her education. "I finally found that while I'm here at the Home, I might just as well put myself to good use and earn my high school diploma," remarked Roz. She has been hitting the books for a year now with the help of her daughter and study-mate, Judy Aron. Roz expects to complete her studies by the end of 2007.

Best of luck to you, Roz! Thank you for reminding us that you're never too old to dream! ♥

Sending Love from Home...



Hebrew Health Care's evening security guard, Sergeant Barry Albert, photographed in Iraq. He is among more than 125,000 men and women serving in the United State's armed forces there. Barry remains in our thoughts and prayers and we await the day when he returns to our Home safely.



TIME VALUE

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The Hebrew Home & Hospital is a beneficiary agency of the Jewish Federation of Greater Hartford.



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TRIBUTES

A FUNDS SUPPLEMENT TO THE HHC "HIGHLIGHTS"

Auxiliary Funds

The Auxiliary is grateful for all gifts to our various funds. Contributions are always acknowledged by mail and those received in amounts of \$18 or more and donations from residents are printed in Highlights.

NOTE: We ask that donations to all Auxiliary funds be sent to:

Hebrew Home and Hospital
Auxiliary Office
One Abrahms Boulevard
West Hartford, CT 06117

Please specify the fund recipient and occasion. Each fund chairwoman will receive notification of donations to her fund and she will then acknowledge in the usual manner. For those who have any questions relating to a fund, phone numbers are included for each fund chairwoman. The Auxiliary phone number is (860) 523-3829. Thank you for your cooperation.

Contributions listed through December 8, 2006

Art Fund

BEVERLY HALPIN 232-7288
RONNA KRAVITZ 242-1171

In Memory of...

HENRIETTA SLONIM
Goldie Bernstein

Auxiliary Past President's Millenium Endowment Fund

HHH 236-7264

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In Honor of...

ROSE SCHAFFER's 97th Birthday
Natlee & Morris Steinberg

Chai Fund

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In Honor of...

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Sylvia Gordon Wettenstein

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Stella Cantor Nussdorf
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Leslie & Rudy Richardson
Barbara Sussman
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FUCHS
Vibeke & Jeffrey Dressler
SAUL KORDUNER
Harry & Roberta Berry
FREDA MISSAN
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In Memory of (continued)...

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Beverly & Abe Glassman
Rona & Barry Krantz
Marian Lieberman
Frankie & Mark Busch
Louis Ludgin
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In Honor of...

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of Sheila & Steve Levy
Auxiliary of the Hebrew Home &
Hospital

In Memory of...

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Susan Wasserman
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Hospital
STELLA CALLUM, mother of
Barbara Leslie
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Hospital
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Hospital
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Sandy & Bruce Goldberg
PAUL G. SUSSMAN
Sandy & Bruce Goldberg

Speedy Recovery to...

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Hospital
THELMA WILLIAMS, mother of
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Hospital

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In Memory of...

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Sara Rulnick

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& **LES SHAPIRO**
Pamela & Roger Freedman

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Mr. & Mrs. Stan Hendel
SARAH KATZ's 100th Birthday
Clara Sowalsky
IDA STROUCH's 95th Birthday
Silvia & Meyer White
EZRIEL ROUTBURG
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Tree of Life Fund

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TRIBUTES

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Hebrew Health Care Designated Funds

Contributions to the designated funds of Hebrew Health Care are used as specified by the funds for the benefit of our residents, patients, clients & members. Below are donations from September 1, 2006 through November 30, 2006. If you wish to contribute to any of these funds, please mail to **Hebrew Health Care, Office of Planned Giving & Development**.

Thank you for your kindness.

Because of you we are keeping the promise made more than 100 years ago—the promise to care for the frail and elderly who need our care.

Dr. Eliot Abrahms Memorial Fund In Honor of...

The birth of **JUDY & IVAN GROSZ's** grandchild
Karen & Richard Cohen

In Memory of...

BETTY SHUCH

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DOROTHY RUBIN

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Irene Sorokin & Isadore Case

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In Honor of...

THE STAFF OF 4 SOUTH

Finman Family

Jason Family

Seeley Family

CHARLOTTE & BUD JASON's

35th Wedding Anniversary

Beth & Joseph Seeley

In Memory of...

DAVID FINMAN

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Mary & Robert Bergenholtz

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Alan Goldstein

Lillian & Stanley Greenberg

Cele Herman

Lisa & Edwin Hoberman

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Ceil & David Finman Anniversary Fund

In Memory of (continued)...

Renana & Ronald Kadden

Mimi & Jeffrey Kaplan

Marilyn Kessler

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Barbara & Leo Kleinman

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Celia Marder

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Karen & Richard Cohen

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In Honor of...

GERRY MARKS' 75th Birthday

MARTHA DILL's Special Birthday

Howard Glassman

In Memory of...

CELIA ARONOWITZ

ANNA & MAX GLASSMAN

MARY D. GLASSMAN

ANNA & HARRY LASSMAN

JANICE McCORMICK

LOOTENS

BERNIE PEARLMAN

TILLIE PEARLMAN

DAVID ROSENBLATT

Herman Glassman

Wishing Good Health to...

SHEILA GLASSMAN

ED LASSMAN

JEANETTE PEARLMAN

Howard Glassman

Sadie Mindell Greenspon Fund For Resident Artists

In Honor of...

The 50th Wedding Anniversaries of

LOIS & E. MICHAEL

ELLOVICH & PHYLLIS &

JERRY LEVINSON

Barbara & Robert Mindell

Hebrew Health Care Foundation

In Honor of...

DAVID GELLES and his
recognition by The Chabad House
of Greater Hartford
Penny & David Kollmeyer

Hoffman SummerWood Community Enrichment Fund

Donations...

Sheila & Jerrold Abell

Hoffman SummerWood Community Enrichment Fund

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Lisa Levin & Thomas Greenbaum

Deborah & Steven Kleinman

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PEARL KAGAN AVROCH

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ARTHUR DANIELSON

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LILLIAN GROSSMAN's 89th

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CHARLES GROSSMAN's 90th

Birthday

Lynne & Leslie Nathan

In Memory of...

HENRIETTA SLONIM

Lynne & Leslie Nathan

Rabbi Gary Lavit's Discretionary Fund

In Honor of...

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The Law Offices of Dressler &

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Nanci Gubin

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Sandra & Marshall Rulnick

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In Memory of...

IRMA SALAD

Rebecca Kaminsky

Synagogue Fund

In Memory of...

ESTHER & MORRIS DEITCH

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DEAR DEPARTED RELATIVES

& FRIENDS

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RUTHAN WEIN

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THE GIFT SHOP

Libbie Richmond

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MORRIS HANDLER

FREDA MISSAN

Ruthan Wein

Weiner Family Endowment Fund

In Memory of...

ELEANOR LIEBOWITZ

FREDA MISSAN

MILDRED NOLL

PAUL SUSSMAN

Frances Weiner

DAVID FINMAN

Frances Weiner

Patti & Howard Weiner

Speedy Recovery to...

FRANCES WEINER

Helen & Bernard Blum

Betty & Leonard Garber

TRIBUTES

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Listed below are additional Hebrew Health Care Funds we hope you will support in 2007!

Adult Day Centers Fund
 A Fresh Canvas Art Program Fund
 Abraham B. & Celia K. Aronson Fund
 Sarah Naidorf Bayer Good Cheer Fund
 Morris & Molly Berger Fund
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 Irving Rutstein Endowment Fund
 Bess & Paul Sigel Fund
 Howard & Elaine Smith Fund
 Marjorie Walton Fund for the Hebrew Community Services Home Health Agency
 Weinberg Foundation Challenge for Renovations Fund
 The Endowment Challenge for the Community Fund

Thank you to those who supported Meghan Hickey throughout her training for the Dublin City Marathon. Meghan successfully finished the marathon—26.2 miles—in October. The funds raised by Meghan and with your support will be used to purchase an Automated External Defibrillator for the Gene and Anja Rosenberg Hebrew Home and Rehabilitation Center.

Thanks again and congratulations, Meghan!

Irene & Donald Akerley	Marcia & Michael Hickey	Constance & Roger Nelson
Maxine Anglin	Melissa & Timothy Hickey	Joyce & Donald Ognowski
Pamela & Thomas Atwood	Jane & David Houle	Mary Lou Constanzo & Walter Payne
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Maureen & William Hamel	Gail & Edward Moore	
Judith Hickey	Lynne & Leslie Nathan	
Evelyn & Robert Hickey	Mary Neidig	

CALENDAR OF EVENTS

FEBRUARY	Thurs., Mar. 8 Shops on Main The Dead Bug in Amber Club	Tues., Apr. 24 Card and Game Party 7 pm
Weds., Feb. 7 Auxiliary Board Meeting 9 am		MAY
Weds., Feb. 7 Executive Committee Meeting 5:15 pm	Thurs., Mar. 22 Shops on Main Accessories Plus More	Weds., May 2 Auxiliary Board Meeting 9 am
Shops on Main CJ Fashions		Weds., May 2 Executive Committee Meeting 5:15 pm
	APRIL	
Fri., Feb. 9 Shops on Main Bamboo Lake	Weds., Apr. 11 Auxiliary Board Meeting 9 am	Thurs., May 3 Shops on Main Bamboo Lake
Mon., Feb. 12 Florida Family of Friends 11 am	Weds., Apr. 11 Executive Committee Meeting 5:15 pm	
MARCH	Thurs., Apr. 12 Shops on Main D & D Jewelry	Fri., May 4 Shops on Main Patricia's Presents
Weds., Mar. 7 Auxiliary Board Meeting 9 am		Fri., May 11 Shops on Main The Dead Bug in Amber Club
Weds., Mar. 7 Board of Trustees Meeting 7 pm	Weds., Apr. 18 Shops on Main CJ Fashions	

Change of Address Form & Florida Contact

Please help us to maintain our mailing list, so we can keep you apprised of all the exciting programs happening at Hebrew Health Care!

Name _____
 Address _____
 City/State/Zip _____
 Daytime Telephone _____ Email _____
 Please (check one) Add Remove Change my address!

Migrating south this winter? Please let us know where to forward your mail to ensure that you receive your personal invitation to our Annual Family of Friends Luncheon in South Florida next year!

Address _____
 City/State/Zip _____
 Florida Telephone _____ Email _____
 From (please fill in dates of stay): _____ to _____

Please return to: Elizabeth Bartek, Planned Giving & Development Coordinator, Hebrew Health Care, 1 Abrams Blvd., West Hartford, CT 06117

TRIBUTES

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Hebrew Health Care is truly grateful for all the generous pledges that have been made to

OUR SECOND CENTURY CAMPAIGN: CARING FOR GENERATIONS

Starting with the Spring 2007 issue, HHC will publish the current pledges made. Going forward, new, additional campaign pledges will be published with each issue. Thank you to all our dedicated friends for their generous support as we continue our mission of providing excellent and unprecedented GeriCentric care to all those we serve.

Our Second Century Campaign: Caring for Generations September 1, 2006 to November 30, 2006

Our Second Century Campaign: Caring for Generations publicly launched on April 23, 2006. Donations to this campaign help to ensure that Hebrew Health Care will continue providing exceptional services to older adults in our community.

Thank you for your help. Your gifts mean so much.

\$20,000 to \$50,000

The Genevieve & Joseph Weinstein Fund

\$10,000 to \$19,999

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EZRIEL AVRAHAM ROUTBERG's Bar Mitzvah
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GENE ROSENBERG's Recovery
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Judy Gruskay
Alice & Robert Gurne
SUE RUBINFELD
Barbara & Bruce Simons

Friends Up to \$249 (continued)...

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MAURICE SHERRY
Renee Zetoff
Max Zetoff
HENRIETTA SLONIM
Margaret Cunningham
Joel Fried
Kathleen & Burton Goldstein, Jr.
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Ellen & Joel Mandell
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Elinor & Sherwin Welson
Felicia Wilion
PHYLLIS ZIPLOW
Judith & Michael Levin

New Year's Greetings to...

LAWLER & PETER GERSTEN
SANDY & AARON GERSTEN
KAREN, SCOTT & LILIANA
Rosanne & Jack Dolinsky

Thanks...

For the care she received here
Mabel Donnelly